



July 2025 Activities Agenda



1st Tuesday

Morning: Homelife duties

Afternoon: Farmers Cat Word Quiz - 2.30pm

2nd Wednesday

Morning: Mid-Week Magazine Club

Afternoon: Manicures & Massages / local Outings- 2.30pm

3rd Thursday

Morning: Hairdresser

Afternoon: Geoff Dean entertains on his “Keytar”! - 2.30pm

4th Friday

Morning: Garden Care

Afternoon: Chair Volleyball Competition - 2.30pm

7th Monday

Morning: Manicures & Massages

Afternoon: Art Club /or Bean Bag Toss - 2.30pm

8th Tuesday

Morning Busy Bee’s Household Helper’s

Afternoon: Darts Tournament - 2.30pm

9th Wednesday

Morning: Wednesday Walk-About

Afternoon: Lavender Crafts - 2.30pm

10th Thursday

Morning: Hairdresser

Afternoon: Chair Yoga - 2.30pm

11th Friday

Morning: Friday’s “Alexa” Tunes

Afternoon: Wimbledon Picnic Party - 2.30pm

14th Monday

Morning: Word Searches

Afternoon: Famous Faces Quiz/Digital Table 2.30pm

15th Tuesday

Morning: Tuesday Tunes

Afternoon: Art Club - 2.30pm

16th Wednesday

Morning: Wednesday Walk-about

Afternoon: Home Church - 3pm

17th Thursday

Morning: Hairdresser

Afternoon: Outing to Whitstable Harbour - 2pm

18th Friday

Morning: The Friday Files

Afternoon: Groovy Smoothies Cafe - 2.30pm

21st Monday

Morning: Mindful Mondays

Afternoon: Drum Circle - Reggae celebration! - 2.30pm

22nd Tuesday

Morning: Busy Bee's Household Helpers

Afternoon: Local Outings / Quiz - 2.30pm

23rd Wednesday

Morning: Mindful Music

Afternoon: Summer Fair Crafts
- Sewing Circle / Skittles - 2.30pm

24th Thursday

Morning: Hairdresser

Afternoon: Salvation Army Service - 2.30pm

25th Friday

Morning: The Friday Files

Afternoon: Bingo - 2.30pm

28th Monday

Morning: Monday Manicures

Afternoon: Garden Games - 2.30pm

29th Tuesday

Morning: Busy Bee's House-hold Helpers

Afternoon: "Move It or Lose it" Exercise Video - **2.15pm**

30th Wednesday

Morning: Wednesday Walk-Abouts

Afternoon: Home Church -**3pm**

31st Thursday

Morning: Hairdresser

Afternoon: Local Outings - from **2pm**

If you should have any questions about any of the listed Activities here above, or any suggestions, please do not hesitate to ask any one in our Activities Team!



Please note: Activities scheduled are as a suggested guide & may change depending on what the residents wish to choose, or changes in weather for outdoor activities or other unforeseen circumstances.