



August 2024 Activities Agenda



1st Thursday

Morning: Hairdresser

Afternoon: Individual Outings

2nd Friday

Morning: Friday Files - Newspaper Club

Afternoon: Lyndhurst Summer Olympic Games - 2.30pm

5th Monday

Morning: Mindful Mondays - Manicures

Afternoon: Namaste Spa - Facials, Foot Soaks & Aromatherapy

6th Tuesday

Morning: Hand Putty Exercise

Afternoon: Summer Fair Preparations

7th Wednesday

Morning: Garden Care - weed & water

Afternoon: Home Church - 3pm

8th Thursday

Morning: Hairdresser

Afternoon: Bring out the Bunting - party prep!

9th Friday

Morning: Make-up & Nails Bar.

Afternoon: Lyndhurst Summer Fair, with Island Ukes Band, George the Pony, Games & Tombola, Grand Raffle, & Buffet - Starts 2.30pm, Mayor arrives at 3pm

12th Monday

Morning: Mindful Mondays, Manicures & Massages

Afternoon: Dignity Meeting & Armchair Travel - 2.30pm

13th Tuesday

Morning: Tuesday Tunes

Afternoon: Quiz Time - 2.30pm

14th Wednesday

Morning: Wednesday Work-Out

Afternoon: Home Church - 3pm

15th Thursday

Morning: Schools Out!.... *Then & Now!*

Afternoon: Tankerton Slopes Afternoon - 2.30pm

16th Friday

Morning: Horoscope Club

Afternoon: Bingo

19th Monday

Morning: Manicures to Mindful Music

Afternoon: Cuddle Club visit - 2.30pm

20th Tuesday

Morning: Lyndhurst Library

Afternoon: Skittles Competition - 2.30pm

21st Wednesday

Morning: Wednesday Work-Out

Afternoon: Baker's Club - cup cakes!

22nd Thursday

Morning: Hairdresser

Afternoon: Salvation Army Summer Garden Party - 2.30pm

23rd Friday

Morning: Friday Files - Newspaper Club

Afternoon: VolleyBall

26th Monday

Morning: National Dog Day

Afternoon: Visit from the PAT Dog's - 3pm

27th Tuesday

Morning: Pamper Wagon

Afternoon: "Country Blues" Duo - entertain - 2.30pm

28th Wednesday

Morning: Crosswords & Puzzles

Afternoon: Namaste Spa - Facials, Foot soaks & Aromatherapy

29th Thursday

Morning: Hairdresser

Afternoon: Individual Outings

30th Friday

Morning: Morning Quiz Page

Afternoon: Visit from "Milo" the Tortoise - 2.30pm

If you should have any questions about any of the listed Activities here above, or any suggestions, please do not hesitate to ask any one in our Activities Team!



Please note: Activities scheduled are as a suggested guide & may change depending on what the residents wish to choose, or changes in weather for outdoor activities or other unforeseen circumstances.