



February 2023

Activities Agenda



1st Wednesday

Morning: Dignity Action Days!

Afternoon: Poetry & Verse - celebrating dignity in care

2nd Thursday

Morning: Hairdresser

Afternoon: Wishing Tree - ideas workshop

3rd Friday

Morning: Friday Files Newspaper club

Afternoon: Dignity Tea Party

6th Monday

Morning: Manicures & Massages

Afternoon: Dignity Meeting - 3pm

7th Tuesday

Morning: Stretch-ercise

Afternoon: Meet lil Jeanie the PAT dog! - 3pm

8th Wednesday

Morning: Pamper Wagon

Afternoon: Jayne's Home Church - 3pm

9th Thursday

Morning: Hairdresser

Afternoon: Individual Local Outings

10th Friday

Morning: The Friday Files - Magazines

Afternoon: "Country Blues" duo entertain! - 2.30pm

13th Monday

Morning: Salvation Army Service - 10.45am

Afternoon: Namaste - Spa

14th Tuesday

Morning: Love & Friendship Day

Afternoon: Tipples & Treats!

15th Wednesday

Morning: Hand Putty Workout

Afternoon: Arts & Crafts - Bookmarks

16th Thursday

Morning: Hairdresser

Afternoon: Individual Local Outings

17th Friday

Morning: Comic Book Nostalgia

Afternoon: Bingo

20th Monday

Morning: Manicures & Massages

Afternoon: Sewing Crafts

21st Tuesday

Morning: Shrove Tuesday

Afternoon: Decorate your own Pancake treats!

22nd Wednesday

Morning: Ash Wednesday

Afternoon: Jayne's Home Church - **3pm**

23rd Thursday

Morning: Hairdresser & Busy Bee's Housekeeping

Afternoon: Individual Local Outings

24th Friday

Morning: Salvation Army Service - **10.45am**

Afternoon: "Crooner" Martin Farbrother entertains - **2.30pm**

27th Monday

Morning: Manicures & Massages

Afternoon: Famous Faces Quiz

28th Tuesday
Morning: Puzzles & Riddles
Afternoon: G-Fitness with Mary - 2pm - 2.45pm

*Happy Pancake Day
from the Leisure & Lifestyle Team!*



Please note: Activities scheduled are as a suggested guide & may change depending on what the residents wish to choose, or changes in weather for outdoor activities or other unforeseen circumstances.