

Lyndhurst Rest Home

Autumn/Winter '21 Newsletter



(Photo: Liz & Joyce about to transform the lounge into Festive fun !)

Hello everyone, and Season's Greetings to you all! Hard to believe that Christmas is almost upon us once more, the nights have drawn in, & the weather outside has turned much colder, however, there's still much to do and a lot to look forward too, with the fun & festivities that we have planned for everyone. We've a good variety of Musical entertainment lined up for you, starting with Geoff Dean's Christmas party, a Staff & Residents Carol Service, along with Country Blues to play at our January Jambouree! Warm Cocoa & Winter walks in our festival of lights garden, seasonal treats & crafts to make & enjoy, plus Christmas quizzes, Games & age old traditions will all be on offer here at Lyndhurst for everyone to try their hand at. We've had a splendid Summer & our Flower beds, now tucked up for the season, will be waiting for us safe & sound until the first early days of Spring. For now though, that just leaves us to wish each other the best of the Season, Good Health & Happiness to all!

As always, we welcome your feedback on this newsletter! Thank you.

ANIMAL SANCTUARY VISIT

On Wednesday, 10th November '21, we were greeted with some very unique and unusual visitors to our Home! That of "Stanley" the Goat, who I must say was on his best behaviour, plus some extra little friends who came along with him, that of "Princess" the seven year old Guinea pig, and two little baby rescued Hedgehogs, "Mary" & "Mungo"! It was a real privilege for many of us to get up close to a Hedgehog, & actually stroke it, such a lovely treat. The Animal Sanctuary "Retreat into Wonderland" and their Hedgehog Hospital "Dottie's Little Hog Hospital", are situated in Herne Bay, & rely on donations, so we will definitely be inviting them back in for another visit soon to support them in their great cause, plus they brought so much joy to people and the atmosphere was buzzing & everyone, residents & staff alike, enjoyed themselves! *Please see more pictures of this event, on our back page!*



Photo: Marjorie loved the feel of Stanley's fur



Photo: Pat enjoyed meeting "Princess" the Guinea pig

1940's TEA DANCE



Photo: Martin singing for Jean!



Left: The Crooner!!



Right: 1940's Girls ready for a dance!!



Photo: Pam enjoys a Dance with Fiona

On 19th November we hosted a nostalgic Tea Dance, 1940's style, as part of our affiliation with the Dignity Council, we were proud to be part of this national event. With our grand lounge decked out in Ballroom style white garlands & shiny silver tassels, many of us dressed up in vintage forties style dresses & outfits, and played host to popular "Crooner", Martin Farbrother, who entertained us with his many talents & the swinging songs of Frank Sinatra, Dean Martin & the like. It was a lovely stylish dance, with tea cakes & wines, and songs of yesteryear. A very special & elegant afternoon for all to enjoy.

SEASONAL BAKING WORKSHOP



Kirsty & Christine eyeing up the baking!

Autumn & Winter is the best time to get involved with indoor activities such as Cooking & Baking, learning new skills or enjoying the nostalgia that using age old family recipes brings. So far this season, we have created & baked fresh Pumpkin Cup Cakes, from locally grown pumpkins, along with our own Halloween Cookies too! We have also enjoyed making our annual Christmas cakes, laced with sherry, fruit & black treacle & had lots of fun reminiscing about happy tales of baking. Why not join us next time & try your hand at creating something tasty to eat!



Left: Tommy carefully mixes spices & sugar!



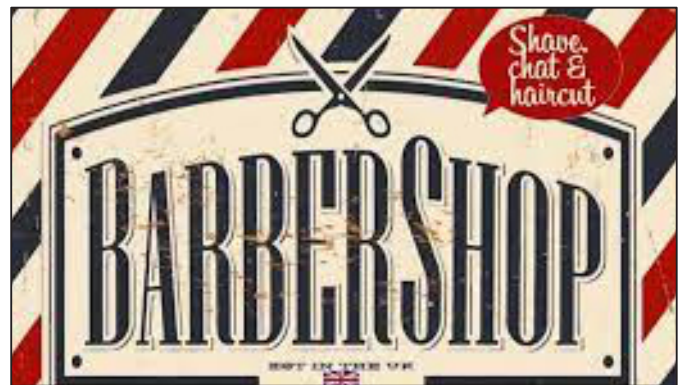
Right: Rosemarie mixes the flour & flavouring !



Above: Pam rolls out the Cookie dough!

NEW HAIR SALON

Here at Lyndhurst we are proud to offer good facilities and create a feeling of community. Now there is a brand new place to visit within our Home, and that is our new Hair Salon! Custom built & with the latest ergonomic hairdressing sink, plus new supportive salon furniture, our salon caters to Gentleman & Ladies, tended to by our lovely Clare, our long-term dedicated Hairstylist. The salon will also be used for Namaste sessions, offering, manicures, massage & aromatherapy and all in a calming atmosphere of peace & tranquility.



UPCOMING EVENTS

Friday 10th December '21 see's our Christmas party with us being treated to Geoff Dean, who is all set to entertain us with his party songs & festive tunes, which will be followed with our Grand Christmas Raffle, with all monies raised going to the Residents fund. There will be further Musical entertainment Christmas week on 22nd with the Ukajazza duo, along with their little dog "Missy" visiting too, and on Christmas Eve we will be hosting a Residents & Staff Carol Service - don't miss it! For more information please check our Agenda Board or ask one of the friendly Leisure & Lifestyle ladies!



PHOTO GALLERY



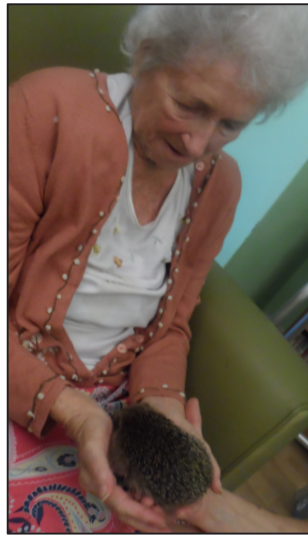
Leslie meets the little baby Hedgehog!



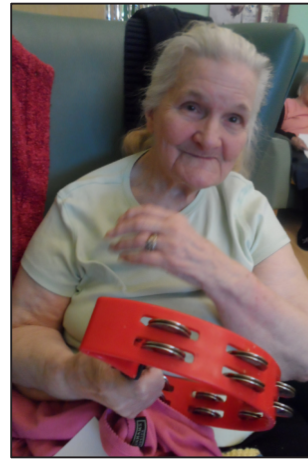
Gwen T. enjoying her Autumn stroll !



Left: Pam meets Stanley!



Right: Dorothy fell in love with this little Hog!



Left: Sylvia plays the tambourine along with the Salvation Army!!



Right: Vera enjoying Autumn Activities



Bob thoroughly enjoyed our Pumpkin decorating workshop



Rose & Kirsty enjoy a dance!



Gwen C. helps with the Christmas decs!



Lionel was so surprised with his Advent Gift, of a lovely new silk tie!



Moreen & Lesley making a "cats cradle"!!